

# Research and Action for Emancipatory Policies for Youth



#### **SKILL TREE AND RESOURCES**

# WHERE ARE WE IN THE PROCESS? STEP 5 • 6



### Timing 45'



#### Reminder

Everyone has skills! Support the group in working up the nerve to name their own skills (without getting overconfident!)

#### **Objectives**

- Identify the resources needed to accomplish the project.
- Provide reassurance to the group on the skills they already have
- Visualise the importance of combining forces

#### **Description of the activity**

Identify resources inside and outside the group that are available and that the group can access

## **Equipment**

- 1. Pen/marker
- 2. Paperboard/whiteboard
- 3. Sticky notes

#### **Preparation**

Draw the skill tree (a complete tree with roots, a trunk, branches and leaves)

#### **Steps**

- 1. Each person writes sticky notes of a specific colour to list their skills, and skills they can access in a given context (one skill per note).
- 2. Stick the notes on the roots of a tree representing the group. This first step will identify existing skills within the group.
- 3. Then, ask the participants to write sticky notes of a different colour listing the skills they are currently acquiring. Stick those notes on the trunk of the tree.
- 4. Finally, ask them to use sticky notes of a third colour to list skills they would like to acquire, and stick them on the branches of the tree.
- 5. This tree should change over time, and it is recommended that you return to it regularly to change the skills being acquired or to acquire into acquired skills, and to add any new needs for training.
- 6. It can be useful to ask participants "What do you need to acquire this skill?" so that the learning process becomes explicit and they can take control of their own learning.

